

# WINTER MENU

## Week 2

### Monday

Breakfast: Porridge with pear puree

Lunch: Prima Pasta with vegetables  
/ Yoghurt

Tea: Carrot and lentil soup with bun/  
Oat and raisin biscuit

### Wednesday

Breakfast: Toast with banana slices

Lunch: Roast chicken dinner/  
Eton mess

Tea: Cod fingers with peas and  
Carrots/ Raspberry muffin

### Friday

Breakfast: Toasted muffin with blueberries

Lunch: Lentil dahl with naan bread/ Pears with  
chocolate sauce

Tea: Shepherds pie/ Fruit scone with butter

### Tuesday

Breakfast: Rice Krispies with Apple

Lunch: Chilli and rice/  
Apple crumble with custard

Tea: Jacket potatoes with tuna  
and cheese/ Fruit selection

### Thursday

Breakfast: Weetabix with melon wedges

Lunch: Fish pie with peas and sweetcorn/  
Iced lemon finger

Tea: Vegetable jambalaya/ Fruit wedges



Allergen and dietary alternatives  
are provided at all times

Water/ milk served all day