WINTER MENU

Week 2

Monday
Breakfast: Porridge with pear puree
Lunch: Prima Pasta with vegetables
Tea: Carrot and lentil soup with bun/
Oat and raisin biscuit

Tuesday
Breakfast: Rice Krispies with Apple
Lunch: Chilli and rice/
Apple crumble with custard
Tea: Jacket potatoes with tuna
and cheese/ Fruit selection

Wednesday
Breakfast: Toast with banana slices
Lunch: Roast chicken dinner/
Eton mess
Tea: Cod fingers with peas and
Carrots/ Raspberry muffin

Thursday
Breakfast: Weetabix with melon wedges
Lunch: Fish pie with peas and sweetcorn/
Iced lemon finger
Tea: Vegetable jambalaya/ Fruit wedges

Friday
Breakfast: Toasted muffin with blueberries
Lunch: Lentil dahl with naan bread/ Pears with
chocolate sauce
Tea: Shepherds pie/ Fruit scone with butter

Allergen and dietary alternatives are provided at all times
Water/ milk served all day