

# WINTER MENU

## Week 3

### Monday

Breakfast: Shreddies with raisins

Lunch: Veggie sausage and tomato pasta

Bake/ Apricot crumble with custard

Tea: Potato wedges with hummus/

Fruit slices

### Wednesday

Breakfast: Rice Krispies with Pear

Lunch: Mince and dumplings with potatoes

And vegetables/ Chocolate orange cake

Tea: Beans on toast/ Fruit wedges

### Friday

Breakfast: Porridge with apple

Lunch: Roast turkey dinner/ Rice pudding and  
raspberry sauce

Tea: Vegetable soup with bun/ Apple and banana slices

### Tuesday

Breakfast: Cornflakes with banana

Lunch: Chicken parmigiana with herb pots/  
Strawberry cheese cake

Tea: Mixed vegetable pizza/ Yoghurt

### Thursday

Breakfast: Toast with strawberries

Lunch: Pork and apple curry with rice/  
Eves pudding with custard

Tea: Salmon and broccoli bake/ Flap jack



Allergen and dietary alternatives  
are provided at all times

Water/ milk served all day